

LAHIA seeking applicants for its culinary program in June

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The most recent graduates of the Love and Hope in Action (LAHIA) culinary program. Chef Carla O'Donnell (second from right) leads the program for those who are unemployed or experiencing homelessness. Photo taken in March. Photo by Marcus Lim

The nonprofit Love and Hope in Action ([LAHIA](#)) is looking for unemployed local residents, or those experiencing homelessness, for its June [culinary job training program](#).

The free nine-week [program](#) helps unemployed adults reinvent themselves, equipping them with basic skills for an entry-level position in the culinary field. The next program will start on June 1 and LAHIA is [accepting applications](#) now.

Applicants do not need any special skills, just a dedication to learning, Chef Carla O'Donnell, founder of the program, said.

O'Donnell said that the intense program is designed to replicate a real-world setting. In addition to cooking skills, responsibility is the main trait she wants to pass on to the students.

Classes start with basic knife skills, making stock from scratch, how to make different type of soups and sauces, and all of the basic cooking techniques. Throughout the nine-week program, students will get the chance to go on several field trips to local restaurants and farms.

Graduates are certified in ServSafe, a national certification for working in the food service industry.

Jeremy Carroll [graduated from the program](#) in March and was employed at [District Table and Bar](#).

Interested parties can apply [online](#) or call LAHIA at 772-781-7002.

LAHIA has helped over 1,000 homeless people in 2019, serving more than 27,000 meals at the organization's facility at 1760 SE Salerno Rd. in Stuart.